



Classic Stir-Fry Yummy Bowl

Comes with broccoli, onion, mushroom, carrot, zucchini and steam rice

Add \$1.00 for Fried Rice • Add \$2.00 for Lo Mein or Udon

STEP 1

PICK YOUR PROTEIN

1. Shrimp 11.99	7. Vegetables 9.99
2. Salmon 12.99	8. Crab 10.99
3. Squid 10.99	9. Fried Tofu 10.99
4. Chicken 10.99	10. Scallop 12.99
5. Steak 11.99	11. Pork 10.99
6. White Fish 11.99	12. Sausage 11.99

STEP 2

CHOOSE THE SAUCE

1. Hibachi Sauce	8. Dragon Sauce
2. Teriyaki Sauce	9. General Tso's Sauce
3. Mongolian Sauce	10. Szechuan Sauce
4. Curry Sauce	11. Fresh Garlic Oil w. Parsley
5. Thai Chili Sauce	12. Hot Pepper Oil
6. Brown Sauce	13. Yummy Yummy Sauce
7. Bourbon Style Sauce	



STIR-FRY LO MEIN or FRIED RICE

w/ Vegetables (zucchini, onion, green onion, bean sprout)

1. Chicken 9.99	3. Shrimps 10.99
2. Beef 10.99	

STIR-FRY UDON

w/ Vegetables (zucchini, onion, green onion, bean sprout)

1. Chicken 12.95	3. Shrimps 12.95
2. Beef 12.99	

Build A Super Yummy Bowl

LUNCH (Monday to Friday): 11:00am-3:30pm
 DINNER (Monday to Friday): 3:30pm - Closed
 Saturday & Sunday All Day Dinner (Holiday All Day Dinner)
 Dine-In Only No Sharing

\$13.49 Lunch	\$9.99 Kid (10 & Under)	ALL YOU CAN EAT ADD \$4.00
\$15.99 Dinner	\$10.99 Kid (10 & Under)	

- 1 Name Your Starch**
- 2 Pick Your Veggies & Fruit**
- 3 Choose Season Protein**
- 4 Select a Sauce (2 cups recommended)**
- 5 Drop Off Your Bowl for Our Chef to Stir-Fry**

Return to table. We'll bring your (hot & ready to eat) bowl over in a few minutes.

ORDER TO-GO BY POUND
 \$6.99/LB LUNCH • \$7.99/LB DINNER

SOFT DRINKS

Soda 2.50 <i>Coca Cola, Diet Coke, Sprite, Fanta Orange, Lemonade, Cherry Cola, Pibb, Coke Zero</i>	MILK 2.50
ORANGE JUICE 2.50	RAMUNE SODA 2.50
APPLE JUICE 2.50	HOT TEA 2.50
	SWEET TEA 2.50
	UNSWEET TEA 2.50

= RAW = SPICY
 Consuming raw or undercooked seafood, shellfish, egg may increase your risk of foodborne illness, especially if you have certain medical condition.
 Please inform your server of any allergies.

KOREAN FRIED CHICKEN

STEP 1: CHOOSE YOUR CHICKEN

WINGS	
SMALL 6pcs (1 Flavor) \$9.99	
MEDIUM 10pcs (2 Flavor) \$14.99	
LARGE 18pcs (3 Flavor) \$25.99	

STRIPS

SMALL 6pcs (1 Flavor) \$9.99	
MEDIUM 10pcs (2 Flavor) \$14.99	
LARGE 18pcs (3 Flavor) \$25.99	

STEP 2: CHOOSE YOUR SAUCE

- ORIGINAL (Plain)
- SOY GARLIC (Aromatic Soy Sauce)
- SPICY GARLIC (Sweet and very mild spicy)
- RED HOT PEPPER (Korean style spicy)



DESSERTS / ICE CREAM CAKE

New York Cheesecake 4.99	Mochi Ice Cream 4.99
Tempura Cheesecake 5.99	<i>Strawberry, Mango</i>
Fried Ice Cream 5.99	Fried Oreo 4.99

WINE

House Chardonnay 4.50	Cabernet 4.50
White Zinfandel 4.50	Pinot Noir 6.00
Merlot 4.50	Sho Chiku Bai 6.00
Pinot Grigio 4.50	<i>(Sake) (By Bottle)</i>
Riesling 4.50	Plum Wine 6.00
Moscato 4.50	

BEER

Budweiser 3.50	Blue Moon 4.00
Michelob Ultra 3.50	Coors Light 4.00
Bud Light 3.50	Corona 4.00
Bud Light Lime 3.50	Miller Lite 4.00
Stella Artois 4.00	Heineken 4.00
Kirin Ichiban 4.00	Sapporo 4.00
Two Hearted Ale 4.00	Modelo 4.00

Lunch Special

Monday - Friday: 11:00 AM to 3:30 PM

MAKI LUNCH COMES WITH SODA

Any 2 Rolls 9.95	Any 3 Rolls 12.95
Eel & Avocado	Spicy Tuna ♦
Eel & Cucumber	Sweet Potato
Crab & Avocado	Spicy Salmon ♦
Crab & Cucumber	AAC
Shrimp & Cucumber	<i>Avocado, Asparagus & Cucumber</i>
Asparagus & Cucumber	Spicy Crabmeat
Oshinko	Philadelphia ♦
Tuna ♦	California
Avocado	Chicken Tempura
Salmon ♦	Tuna & Avocado ♦
Salmon & Cucumber ♦	Shrimp Tempura <i>Add \$1</i>
Alaska ♦	

SUSHI LUNCH

Sushi Lunch ♦ 14.95
<i>6 pcs of chef's choice and California roll</i>
Sashimi Lunch ♦ 15.95
<i>11 pcs of chef's choice</i>
Sushi & Sashimi Lunch ♦ 17.95
<i>4 pcs of sushi and 6 pcs of sashimi from chef's choice and California roll</i>



YUMMY BOWL
 MONGOLIAN STIR-FRY & SUSHI

803-661-6676
803-661-6696

1220 Bower Pkwy, Suite E2
 Columbia, SC 29212

www.eatYummyBowl.com

ALL YOU CAN EAT

OPEN 7 DAYS A WEEK
 MON. - SAT.: 11:00AM - 10:00PM
 SUNDAY: 11:00AM - 9:30PM

FOLLOW US



REGULAR ROLLS & HAND ROLLS SOY BEAN WRAP AVAILABLE FOR EXTRA \$1.00

AAC Roll 5.00 <small>Avocado, asparagus and cucumber</small>	Fried Fish Roll 5.25	Spicy Crabmeat Roll 5.25	Tuna & Cuc. Roll 5.50
Alaska Roll 5.25 <small>Salmon, avocado & cucumber</small>	Futo Maki Roll 5.50 <small>Veggie, egg and crabmeat</small>	Spicy Salmon Roll 5.50	Vegetable Roll 5.25 <small>Cucumber, avocado, kampyo and oshinko</small>
Avocado Roll 5.00	Peanut Avocado Roll 5.25	Spicy Shrimp Roll 5.50	Yellowtail & Scallion Roll 5.25
Boston Roll 5.25 <small>Shrimp, lettuce, cucumber & mayo</small>	Philadelphia Roll 5.50 <small>Smoked salmon, avocado and cream cheese</small>	Spicy Tuna Roll 5.50	Spicy Scallop Roll 7.00
California Roll 5.25	Salmon Roll 5.50	Spicy White Tuna Roll 5.50	Spicy Yellowtail Roll 7.00
Crab & Avocado Roll 5.25	Salmon & Avo. Roll 5.50	Sweet & Potato Roll 5.00	
Crab & Cucumber Roll 5.25	Salmon & Cuc. Roll 5.50	Tempura Chicken Roll 5.50	
Crabmeat Roll 5.00	Salmon Skin Roll 5.50	Tempura Shrimp Roll 5.50	
Cucumber Roll 5.00	Shrimp & Asparagus Roll 5.50	Tuna Roll 5.50	
Eel & Avocado Roll 5.25		Tuna & Avo. Roll 5.50	
Eel & Cucumber Roll 5.25			

JAPANESE APPETIZERS

Spring Rolls	4.99
Sesame Ball 6pcs	5.75
Crab Rangoon	5.99
Calamari	8.00
Gyoza 6pcs Japanese pork dumpling	6.99
Shumai Japanese shrimp dumpling	5.99
Edamame Steamed soy beans, spicy or not spicy	5.99
Vegetable Tempura Vegetable lightly fried in batter	6.95
Takoyaki 6pcs	8.25
Tuna Tartar 9.95 <small>Chunky tuna with avocado, scallion and our chef's sauce</small>	
Salmon Tartar 9.95 <small>Chunk salmon with avocado, scallion and our chef's special sauce</small>	
Shrimp or Chicken Tempura 8.99 <small>Shrimp or chicken lightly deep fried in batter</small>	
Sushi Sampler 4 pcs sushi chef choice	10.95
Soft Shell Crab Tempura 11.99 <small>Soft shell crab lightly deep fried in batter</small>	
Sashimi Sampler 9 pcs of sashimi chef's choice	12.95
Black Pepper Tuna 6pcs 12.95 <small>The sliced black pepper tuna with ponzu sauce</small>	
Yellowtail Jalapeno 6pcs 12.95 <small>The sliced yellowtail with chili and ponzu sauce</small>	
Baked Mussels 6pcs 12.95	
Rock Shrimp Tempura 15pcs 12.95	
Deep Fried Oysters 5pcs 7.00	
Hush Puppies 4.50	

SOUP & SALAD

Miso Soup 2.79	Seaweed Salad 5.99
Clear Soup 2.79	Kani Salad 5.99
Garden Salad 2.79 <small>Lettuce, tomato and cucumber</small>	Squid Salad 6.75
	Avocado Salad 5.50

ENTREE FROM SUSHI BAR

Sushi Regular 19.95 <small>1 California roll and 9pcs of sushi from chef's choice</small>	
Sashimi Regular 22.95 <small>15pcs of sashimi from chef's choice with bowl white rice</small>	
Sushi Deluxe 21.95 <small>1 tuna roll and 11pcs of sushi from chef's choice</small>	
Sashimi Deluxe 23.95 <small>18pcs of sashimi from chef's choice with bowl white rice</small>	
Sushi & Sashimi Combo 25.95 <small>5pcs of sushi and 9pcs of sashimi from chef's choice with a California roll</small>	
Chirashi Assorted fish over rice 22.95	
Maki Combo California roll, tuna roll and salmon roll 14.95	
Spicy Maki Combo 16.95 <small>Spicy tuna, spicy crabmeat and spicy salmon</small>	
Vegetable Maki Combo 16.95 <small>AAC, veg. roll and avocado roll</small>	
Tekka Don Sliced tuna over rice 21.95	
Sake Don 21.95	
Unagi Don 21.95	
Salmon Lover 21.45 <small>6pcs sushi, 4pcs sashimi & 1 salmon roll</small>	

SUSHI & SASHIMI A LA CARTE

2 PCS SUSHI PER ORDER | 2 PCS SASHIMI PER ORDER

Bean Curd 3.50	Salmon Roe Ikura 6.00
Scallop 6.00	White Tuna 6.00
Egg Tamago 3.50	Mackerel Saba 5.50
Octopus Tako 5.50	Yellowtail Hamachi 5.00
Eel Unagi 5.50	Yellowtail Belly 6.50
Red Clam Hokkigai 5.50	Crab Stick Kani 3.50
Red Snapper Tai 5.50	Shrimp 4.50
Squid Ika 5.50	
Salmon Sake 5.50	
Red Shrimp 6.00	
Smoked Salmon 5.00	
Flying Fish Roe Tobiko 5.50	
Tuna Maguro 5.50	



Party Platter

SUSHI PARTY A 40 PCS 70 <small>16pcs sushi, green dragon roll, 1 salmon avocado roll, and California roll</small>	
SUSHI PARTY B 53 PCS 90 <small>30pcs sushi, salmon avocado, tuna avocado roll, dynamite roll</small>	
PARTY ROLL 80 PCS 90 <small>Tiger roll, California roll, eel & cucumber roll, tuna avocado roll, salmon avocado roll, Alaska roll, spider roll, spicy tuna roll, spicy yellow roll, and rainbow roll</small>	
SUSHI & SASHIMI PARTY 105 <small>25pcs of assorted sushi, 25pcs of assorted sashimi</small>	

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Chef's Special Roll

Rainbow Roll 11.95 <small>Inside: crab stick, cucumber. Outside: tuna, salmon, white fish, avocado</small>	Angry Bird Roll 12.95 <small>Inside: chicken tempura, spicy tuna, mango. Outside: crabmeat, eel sauce</small>	Hot Stuff Roll 12.95 <small>Inside: spicy salmon, avocado. Outside: tuna, white tuna, jalapeno, chili sauce</small>
Caterpillar 11.95 <small>Inside: eel, cucumber. Outside: avocado, tobiko, eel sauce</small>	Fire Dragon Roll 14.95 <small>Inside: shrimp tempura, spicy crabmeat, avocado. Outside: seared steak, eel sauce, spicy mayo</small>	Snow White 13.95 <small>Inside: spicy salmon, crunch, shrimp tempura. Outside: wasabi mayo, sweet chili sauce, crabmeat</small>
Black Tempest Roll 12.95 <small>Inside: shrimp tempura, cucumber. Outside: eel, avocado, eel sauce</small>	Hawaii Sunrise 15.95 <small>Inside: spicy tuna, avocado. Outside: Shrimp tempura, eel sauce, spicy mayo</small>	Crazy Salmon 15.95 <small>Inside: spicy salmon, cucumber. Outside: salmon, spicy mayo, salmon roe</small>
Golden Dragon Roll 12.95 <small>Inside: shrimp tempura, avocado. Outside: slice mango sauce</small>	Volcano Roll 12.95 <small>Inside: spicy salmon, cheese. Outside: spicy crab, eel sauce, spicy mayo</small>	Pepper Tuna 15.95 <small>Inside: crabmeat, cucumber. Outside: black pepper tuna, avocado, wasabi sauce</small>
Spider Roll 13.95 <small>Inside: deep-fried soft shell crab, cucumber, avocado, lettuce with special sauce. Outside: fish roe, eel sauce</small>	Osaka Flame 14.95 <small>Inside: spicy tuna, spicy salmon. Outside: spicy crab, sriracha sauce</small>	Crazy California 12.95 <small>Inside: crab, cucumber avocado. Outside: spicy tuna, spicy mayo</small>
Ocean Treasure Roll 15.95 <small>Inside: shrimp tempura, avocado. Outside: tuna, salmon, eel</small>	Green Haven Roll 12.95 <small>Inside: asparagus, sweet potato. Outside: banana, wasabi mayo</small>	Yummy Roll 13.95 <small>Inside: spicy crab, mango. Outside: seared salmon, white tuna, eel sauce, spicy mayo</small>
Jade Dragon Roll 15.95 <small>Inside: shrimp tempura, cucumber. Outside: tuna, salmon & avocado, eel sauce</small>	Sunlit Roll 13.95 <small>Inside: spicy salmon, cucumber. Outside: spicy tuna, avocado, spicy mayo</small>	Monkey Roll 15.95 <small>Inside: tempura crab, avocado. Outside: tempura banana, eel sauce</small>
Tiger Roll 12.95 <small>Inside: California roll. Outside: eel, salmon, eel sauce</small>	Out of Control 12.95 <small>Inside: salmon, mango. Outside: white tuna, jalapeño</small>	Naruto Roll 14.95 <small>Choice of salmon, tuna, spicy salmon or tuna. Inside: spicy crabmeat. Outside: thin cucumber sheet</small>
Colombia Mountain Roll 12.95 <small>Light Fried. Inside: salmon, avocado, cream cheese. Outside: jalapeno, spicy mayo, chili powder, eel sauce</small>	Bagel Roll Light Fried 12.95 <small>Inside: crab, cheese. Outside: eel sauce, spicy mayo</small>	Triller Roll Light Fried 14.95 <small>Inside: white fish, cream cheese, avocado. Outside: spicy mayo, eel sauce, red tobiko</small>
Dynasty Roll 11.95 <small>6pcs Light fried. Inside: spicy tuna, crunch, avocado, crabmeat. Outside: tobiko, eel sauce, spicy mayo</small>	Golden Sunrise 12.95 <small>Inside: salmon, cucumber, crunchy. Outside: lobster salad, mango</small>	Lobster Lover 20.00 <small>Inside: lobster tempura, avocado. Outside: lobster salad, served with wasabi mayo, sweet chili sauce, eel sauce, spicy mayo</small>



Pictures for reference only.